

Event Week:	Week 1				
Event Week - Date:	Week 1 - Saturday 5 October 2024				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	Discuss			
U7	70m	100m	Discuss	Shotput	
U8	70m	100m	Discuss	Long Jump	
U9	100m	400m	Shotput	Long Jump	High Jump
U10	70m	400m	Discuss	Long Jump	
U11	100m	400m	Shotput	Long Jump	High Jump
U12	70m	400m	Discuss	Long Jump	
U13 + U14 Girls	70m	100m	400m	Discuss	Shotput
U14/15/16/17	70m	100m	400m	Shotput	High Jump

Event Week:	Week 2				
Event Week - Date:	Week 2 - Saturday 12 October 2024				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	Shotput			
U7	100m	80m Hurdles	Shotput	Long Jump	
U8	200m	80m Hurdles	Shotput	High Jump	
U9	70m	200m	80m Hurdles	Discuss	
U10	200m	80m Hurdles	Shotput	Long Jump	
U11	70m	200m	80m Hurdles	Discuss	Long Jump
U12	100m	200m	80m Hurdles	Shotput	Triple Jump
U13 + U14 Girls	200m	80m Hurdles	Discuss	Long Jump	High Jump
U14/15/16/17	70m	200m	80m Hurdles	Long Jump	High Jump

Event Week:	Week 3				
Event Week - Date:	Week 3 - Saturday 19 October 2024				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	Long Jump			
U7	70m	100m	Discuss	Shotput	
U8	70m	100m	Discuss	Long Jump	
U9	70m	100m	800m	Discuss	
U10	70m	800m	Discuss	High Jump	
U11	100m	800m	Shotput	Triple Jump	Javelin
U12	70m	800m	Long Jump	High Jump	Javelin
U13 + U14 Girls	100m	800m	Shotput	Triple Jump	Javelin
U14/15/16/17	100m	800m	Shotput	Triple Jump	Javelin

Event Week:	Week 4				
Event Week - Date:	Week 4 - Saturday 26 October 2024				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	Discuss			
U7	100m	200m	Shotput	Long Jump	
U8	200m	400m	Shotput	High Jump	
U9	70m	200m	400m	Discuss	Long Jump
U10	100m	200m	400m	Shotput	Long Jump
U11	200m	400m	Discuss	Shotput	High Jump
U12	100m	200m	400m	Shotput	Long Jump
U13 + U14 Girls	70m	200m	400m	Discuss	Long Jump
U14/15/16/17	200m	400m	Discuss	Long Jump	High Jump

Event Week:	Week 5				
Event Week - Date:	Week 5 - Saturday 9 November 2024				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	100m	Shotput		
U7	70m	100m	Discuss	Long Jump	
U8	70m	100m	Discuss	Long Jump	
U9	100m	800m	Shotput	Long Jump	High Jump
U10	70m	100m	800m	Discuss	Shotput
U11	70m	100m	800m	Discuss	Long Jump
U12	70m	100m	800m	Discuss	Triple Jump
U13 + U14 Girls	100m	800m	Shotput	Long Jump	High Jump
U14/15/16/17	100m	800m	Discuss	Shotput	Triple Jump

Event Week:	Week 6				
Event Week - Date:	Week 6 - Saturday 23 November 2024				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	100m	Long Jump		
U7	70m	100m	Discuss	Long Jump	
U8	70m	100m	400m	High Jump	
U9	100m	400m	Discuss	Shotput	
U10	70m	100m	400m	Shotput	Long Jump
U11	70m	100m	400m	Shotput	Triple Jump
U12	70m	400m	Shotput	High Jump	Triple Jump
U13 + U14 Girls	70m	100m	400m	Discuss	Triple Jump
U14/15/16/17	100m	400m	Discuss	High Jump	Triple Jump

Event Week:	Week 7				
Event Week - Date:	Week 7 - Saturday 30 November 2024				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	100m	Discuss		
U7	100m	200m	80m Hurdles	Shotput	
U8	200m	80m Hurdles	Shotput	Long Jump	
U9	70m	200m	80m Hurdles	Discuss	Shotput
U10	70m	200m	80m Hurdles	Discuss	High Jump
U11	70m	200m	80m Hurdles	Triple Jump	
U12	100m	200m	80m Hurdles	Discuss	High Jump
U13 + U14 Girls	200m	80m Hurdles	Shotput	Long Jump	Triple Jump
U14/15/16/17	200m	80m Hurdles	Shotput	Long Jump	Triple Jump

Event Week:	Week 8				
Event Week - Date:	Week 8 - Saturday 7 December 2024				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	Discuss	Shotput		
U7	70m	100m	Discuss	Long Jump	
U8	70m	100m	Discuss	Shotput	
U9	70m	800m	Long Jump	High Jump	
U10	100m	800m	Shotput	Long Jump	
U11	70m	800m	Discuss	Long Jump	
U12	70m	100m	800m	Shotput	High Jump
U13 + U14 Girls	70m	100m	800m	Discuss	High Jump
U14/15/16/17	70m	800m	Discuss	Shotput	Long Jump

Event Week:	Week 9				
Event Week - Date:	Week 9 - Saturday 1 February 2025				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	100m	Shotput	Long Jump		
U7	200m	80m Hurdles	Shotput	Long Jump	
U8	100m	200m	80m Hurdles	Discuss	Shotput
U9	100m	200m	80m Hurdles	Discuss	
U10	100m	200m	80m Hurdles	Discuss	High Jump
U11	200m	80m Hurdles	High Jump	Triple Jump	Javelin
U12	200m	80m Hurdles	Long Jump	Triple Jump	Javelin
U13 + U14 Girls	100m	200m	80m Hurdles	High Jump	Javelin
U14/15/16/17	100m	200m	80m Hurdles	Discuss	Javelin

Event Week:	Week 10				
Event Week - Date:	Week 10 - Saturday 8 February 2025				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	100m	Discuss		
U7	70m	100m	Discuss	Shotput	
U8	70m	400m	Shotput	Long Jump	High Jump
U9	70m	400m	Shotput	Long Jump	
U10	70m	100m	400m	Shotput	Long Jump
U11	70m	100m	400m	Discuss	High Jump
U12	70m	100m	400m	Shotput	Long Jump
U13 + U14 Girls	70m	100m	400m	Discuss	Long Jump
U14/15/16/17	70m	100m	400m	Long Jump	High Jump

Event Week:	Week 11				
Event Week - Date:	Week 11 - Saturday 15 February 2025				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	100m	Discuss	Shotput		
U7	70m	200m	Discuss	Long Jump	
U8	100m	200m	Discuss	High Jump	
U9	70m	200m	Shotput	Long Jump	
U10	70m	100m	200m	Discuss	High Jump
U11	70m	100m	200m	Shotput	Long Jump
U12	70m	100m	200m	Discuss	High Jump
U13 + U14 Girls	70m	200m	Shotput	Long Jump	Triple Jump
U14/15/16/17	70m	200m	Shotput	Long Jump	Triple Jump

Event Week:	Week 12				
Event Week - Date:	Week 12 - Saturday 22 February 2025				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	Discuss	Long Jump		
U7	70m	100m	Shotput	Long Jump	
U8	70m	100m	Shotput	Long Jump	
U9	100m	800m	Discuss	Long Jump	High Jump
U10	100m	800m	Shotput	High Jump	
U11	70m	100m	800m	Discuss	
U12	70m	100m	800m	Shotput	Triple Jump
U13 + U14 Girls	70m	100m	800m	Discuss	Triple Jump
U14/15/16/17	70m	100m	800m	High Jump	Triple Jump

Event Week:	Week 13				
Event Week - Date:	Week 13 - Saturday 1 March 2025				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	100m	Discuss		
U7	100m	80m Hurdles	Discuss	Shotput	
U8	70m	80m Hurdles	Discuss	Shotput	Long Jump
U9	70m	100m	80m Hurdles	Shotput	High Jump
U10	70m	100m	80m Hurdles	Discuss	Long Jump
U11	70m	100m	80m Hurdles	Shotput	High Jump
U12	70m	100m	80m Hurdles	Discuss	Long Jump
U13 + U14 Girls	70m	100m	80m Hurdles	Shotput	High Jump
U14/15/16/17	70m	100m	80m Hurdles	Discuss	Shotput

Event Week:	Week 14				
Event Week - Date:	Week 14 - Saturday 15 March 2025				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	100m	Shotput	Long Jump		
U7	70m	100m	Discuss	Long Jump	
U8	70m	100m	400m	Discuss	Shotput
U9	100m	400m	Discuss	Shotput	High Jump
U10	70m	100m	400m	Shotput	Long Jump
U11	70m	400m	Long Jump	Triple Jump	Javelin
U12	100m	400m	High Jump	Triple Jump	Javelin
U13 + U14 Girls	70m	100m	400m	High Jump	Javelin
U14/15/16/17	70m	100m	400m	Long Jump	Javelin

Event Week:	Week 15				
Event Week - Date:	Week 15 - Saturday 22 March 2025				
	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m	100m	Long Jump		
U7	70m	200m	Shotput	Long Jump	
U8	100m	200m	Discuss	High Jump	
U9	100m	200m	Discuss	Shotput	Long Jump
U10	70m	100m	200m	Discuss	High Jump
U11	100m	200m	Shotput	High Jump	Javelin
U12	70m	200m	Discuss	Javelin	
U13 + U14 Girls	70m	100m	200m	Discuss	Javelin
U14/15/16/17	70m	100m	200m	Discuss	Javelin